



# NP / APN NETWORK BULLETIN

International Council of Nurses • Conseil international des infirmières • Consejo internacional de enfermeras

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## **Up-date from the Chair: Melanie Rogers**



Welcome to the Spring 2019 Bulletin.

There have been several recent changes at ICN since our last bulletin and I am delighted to welcome Howard Catton as the CEO. We are also delighted to welcome David Stewart, a nurse consultant from Australia who works with ICN, as our new ICN Network Liaison (see below).

[ICN Congress](#) in Singapore at the end of June is just a few weeks away. Members of the Network will be presenting at a number of sessions at Congress, and I am delighted to be giving a short keynote speech on advanced practice. I plan to introduce the updated ICN Advanced Practice Nurse definition, which the Network and ICN have revised. For those of

you who are not able to attend Congress we will write about this work and introduce the new definition in the Autumn Bulletin.

Plans are now well established for our [11<sup>th</sup> Network conference](#), which will be held in Halifax, Nova Scotia in 2020. The call for abstracts will open later this year, so please do consider submitting a paper and joining us in this beautiful part of Canada. We hope to increase the number of clinical workshops at the Halifax conference as these were so well evaluated at our last conference in Rotterdam in 2018. Our conferences are a wonderful opportunity to network with colleagues and hear presentations on advanced practice from all areas, including education, research, practice and health policy.

I am delighted that our new Student Sub-group is now established: you can read about it later in this bulletin. Advanced practice students are the future of our Network and we would love

more students to be involved in all aspects of the Network. I have just returned to the UK after speaking to advanced practice students at the Rotterdam University of Applied Sciences, and a Rotterdam student then joined me in Huddersfield to experience advanced practice in the UK. Working with advanced practice students continues to inspire me and reminds me of how far we have come globally. If you have contact with advanced practice students do encourage them to join the Student Sub-group and contribute to shaping the Network over the next four years.

As usual please do keep in touch with us via our social media platforms:

Facebook: ICN Nurse Practitioner/Advanced Practice Nurse Network and Twitter: **@ICNGLOBALAPN**

As you know I am committed to working together to develop our Network, so please do contact me directly by email at [M.Rogers@hud.ac.uk](mailto:M.Rogers@hud.ac.uk) if you have any ideas about the ongoing vision of the Network

Very best wishes,

Dr Melanie Rogers (Chair)

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## **Message from Howard Catton, ICN Chief Executive Officer**



Nurse Practitioners and Advanced Practice Nurses are at the leading edge of nursing, expanding the boundaries of our profession and showing what we nurses can do when given the opportunity, space and support to flourish. The NP/APN Network is doing great work in bringing together nurses who work at this level, enabling them to share their experiences and ensure that patients around the world can benefit from their expertise and knowledge.

I hope you will all get involved in this year's International Nurses Day on May 12<sup>th</sup> - Florence Nightingale's birthday - so that the world will become more familiar with the work you are doing and the changes you are making for patients. You can find lots of useful IND resources to help you get your message across here: <https://www.icnvoicetolead.com/#>

I am very excited at the prospect of 2020 being confirmed as The Year of the Nurse and Midwife, after the idea was supported by World Health Organization Director General Tedros Adhanom Ghebreyesus at this year's WHO Executive Board meeting in January, where I was privileged to speak on behalf of the world's nurses.

As Melanie mentioned in her update, ICN's Congress is in June in Singapore this year, and it will be great to hear from the NPs and APNs who will be speaking there about their work: Consuelo Cerón and Dr Melanie Rogers will be talking about global perspectives of Advanced Nursing Practice, ICN's David Stewart, who will be liaising with the network, will be in the Policy and Advocacy Café running a session on creating a cohesive and consistent approach to Advanced Practice Nursing, and there will also be a meeting for ICN NP/APN network members.

I hope as many of you as possible can join us for this tremendous event. Congress is a wonderful opportunity for nurses from around the globe to come together to share their experiences and create lifelong networks of friends and colleagues. Please check out how to [join us here](#). I look forward to meeting as many of you as I can at this wonderful gathering of the world's nurses.

## **APN Network Bulletin introduction to ICN Network Liaison David Stewart, BNRN, MHM**



David is a Consultant on health and nursing policy at the ICN. Prior to this role, he worked for the Queensland Government as a Director of Nursing in the Office of the Chief Nursing and Midwifery Officer. He has more than 18 years' experience in the health and government sector, with expertise in public policy development and management, and experience in governance and development roles.

David is recognised as an accomplished clinician who has worked in a variety of clinical and senior management positions and has high level experience in local, national and international policy development. He has expertise in the design and delivery of large-scale service systems in health services, including service delivery and workforce modelling, information management, patient safety, strategic leadership, and change and programme management.

David has developed and implemented major innovative reforms for the International Council of Nurses and Queensland Health. These include 'International Nurses Day 2017, 2018, 2019 Nursing: A voice to lead' and 'Strengthening health services through optimising nursing.'

### **Biography: Education Sub-Group**

#### **Dr Sonia Sevilla Guerra – New Co-Chair Education Sub-Group**

Sonia Sevilla Guerra, RN, PhD is a Consultant Nurse at Hospital Clinic in Barcelona, Spain, where she is responsible for the development, evaluation and innovation of advanced practice nursing roles. She is also an associate lecturer at the University of Barcelona, where she lectures on the principles of APN, Ethics and Law. She completed her PhD studies on the doctorate programme of *medicine and translational research* at the Faculty of Medicine at the same university. Sonia holds a Master of Science in Advanced Practice Nursing from King's College London and is co-chair of the Education Subgroup of the ICN NP/APN Network, and a member of the European Academy of Nursing Science (EANS). She has gained experience working in the field of neuroscience and in particular as a multiple sclerosis clinical nurse specialist in an innovative integrated health and social care team.

Following her experience in the UK as a clinical nurse specialist in integrated care and service development Sonia moved back to Spain. She is currently using her experience to develop innovative nursing roles locally to help maintain effective and sustainable services, and to provide improved health outcomes for people across a range of services in a large university hospital in Barcelona. Her recent PhD study represented the first attempt to examine the reliability and the validity of a Spanish tool for examining advanced nursing practice. She examined its capacity to delineate advanced practice nursing domains and activities, and describe the profile of advanced nursing practice in Spain by exploring the extent and patterns of advanced practice activity in newly developing roles. Her study also included a network analysis of relations connecting contextual factors in APN development in Catalonia. Sonia is using her international experience, along with her emphasis on collaboration with other professionals across borders, to help solve new health challenges and contribute significantly to sustainably reducing current health problems in Spain.

## Advanced Practice Nursing Network Sub-Group Updates

### Practice Sub-Group – update May 2019

The ICN APN/NP practice subgroup has members who are in roles related to advanced practice. All but one country have regulation or mandates that define their scope and role. The mission of the subgroup is to represent NP/APN worldwide, recognising and sharing developments in advanced nursing practice, and promoting advanced nursing roles on a global perspective.

Our network seeks to advance nursing so that nurses can care for patients as independent practitioners. We continue to define roles, further define scopes of practice and mentor nurses in countries that are working towards implementing the roles of advanced practice into their scopes of practice.

We are currently mentoring academics with a newly developed advanced practice programme in Hungary. We aim to share this development process and draw on the expertise of nurse practitioners from around the world.

### Health Policy Subgroup - Update May 2019

After nearly two years of work, the Health Policy Subgroup has submitted a paper to the Core Steering Group for review prior to publication. The paper, ***Global SWOT Analysis of Advanced Practice Nursing Policy and Regulation***, includes an analysis of data on APN practice, regulation and education from 59 countries in the six WHO designated world regions, seven data tables and three infographics. We plan to disseminate this critical and timely information on global APN practice to Network members in the near future. We also hope to present this work at the next ICN ANP/APN Network conference in Halifax, Canada in 2020.

Figure 1 - Deborah Gray, Julie Mogbo, Bongji Sibanda, Elissa Ladd-Accra - April 2019



### Accra Ghana: Second Nurse Led Lead Nurse Africa Conference 8-12 April 2019

As a part of the dissemination process of the SWOT analysis, Elissa Ladd, Chair of the Health Policy Subgroup, attended the Lead Nurse Africa conference in Accra, Ghana. She reported on the key findings and insights from the analysis that are associated with the work that is ongoing around the Sustainable Development Goals (SDGs). While the Advanced Practice role is developing at different levels across the African continent, there was significant interest in the regulatory and educational processes that support the role. Elissa was accompanied by Deborah Gray, the Chair of the Research Committee of the APNN, their colleague Bongji Sibanda from the UK and Zimbabwe, and the Chair of the Lead Nurse conference Julie Mogbo, who is a Family Bond Nurse from Nigeria and one of the conference organisers.

Key resolutions were developed by the delegates of the conference, one of which stated: *'African countries need to actively mobilise for the adoption/use of the Advance Practice Nurse Programme in appropriate forms to help Universal Health Coverage and achievement of the SDGs'*.

This statement reflects conference discussions that focused on achieving the SDGs through the development of the nursing workforce, with interest in the advanced practice role.

The conference started with ICN NP/APN Network alumni Bongji Sibanda, leading a pre-conference workshop titled ***Advanced Practice Nursing: A global overview of standards in education, practice and regulation***, which included presentations from Stacie Stender, Senior technical advisor (Jhpiego/ICN NP/APNN alumni) and Dr Minna Miller (ICN NP/APNN CSG member/mentor).

Bongi Sibanda's presentation focused on current global standards in education, scope of practice, models and frameworks for APN. She provided a background and progress made towards advocacy in the development of APN roles through the Anglophone Africa APN Coalition, emphasising the need for Afrocentric frameworks/models to address population needs within the context of each country.

Stacie Stender presented a paper on the epidemiology of disease across sub-Saharan Africa and how this impacts current and future planning for service delivery. She highlighted the importance of scope of practice, education and core competencies related to country health priorities, providing examples related to the authority of nurses and midwives prescribing antiretroviral therapy for people living with HIV in South Africa, Côte d'Ivoire and beyond.

Dr Miller's video presentation focused on APN regulation globally with country specific case exemplars. There was great interest in the workshop, particularly around the scope of practice and regulation. Senior nursing leaders, including Chief Nurses, academics and Council Registrars, attended the workshop. APN panel presentations were chaired by Professor Oluyinka Adejumo (Rwanda/New York University).

During the main conference, delegates were greeted by ICN NP/APN Chair Dr Melanie Rogers and AANP International Committee Co-chair, Dr Kathy Wheeler via video link as part of the presentation. Bongi Sibanda and Dr Deborah Gray co-presented on a plenary entitled ***It takes a village to raise an APN: Educational Leadership lessons from the American Association of Nurse Practitioners – AANP International Ambassador 2018 Scholarship.***

Bongi Sibanda shared her Doctor of Nursing Practice journey at Queen's University Belfast and the tremendous impact of the AANP Scholarship in advancing her work in educational leadership. She also highlighted the role of the Africa Interprofessional Education Network (AfriPEN) and the need to embed Interprofessional Education (IPE)/Collaborative practice development of APN roles. Dr Gray presented an overview of international NP/APN role definitions and competencies to describe and provide a background on the NP/APN for the audience of African nursing leaders.

During the conference, and in partnership with Professor Lydia Aziato, Ag. Dean School of Nursing and Midwifery, University of Ghana, and Jeshni Amblum-Almer, Director, Belmatt Training, Bongi Sibanda also spent time with five emerging young nurse leaders who were MPhil students from the University of Ghana. The students represented several different specialties: From Left; Augustine Assah (Emergency Care); Innes Agbenu (Maternal and Child Health-Midwifery); Gloria Abekah (Community Health); Setordzi Mawuko (Men- tal Health) and Celestine Yakanu (Maternal and Child Health-Paediatric Nursing). It was a privilege to help these highly intelligent young nursing leaders attend the 2<sup>nd</sup> LeadNurse Africa Conference and a great opportunity to learn from each other.

### **Research Subgroup – update May 2019**

At the 10th Annual ICN NP/APN Conference in Rotterdam the Research Subgroup had several members presenting their research and conducting clinical workshops. During the conference, Research Subgroup members also met to plan new projects. It was not all hard work, however, and members had some fun together touring Rotterdam and enjoying the nightlife.

The Research Subgroup is also happy to report the publication of their **APN Competency Mapping Project** on the ICN NP/APN Network Website. The purpose of the project was to bring clarity to the emerging roles of the Advanced Nurse Practitioner (ANP)/ Advanced Practice Nurse (APN) by gathering data from ICN member countries regarding the title, definition, role and related competencies of the roles, and aligning



the Advanced Practice Nursing (ANP/APN) competencies of the 19 responding countries with the *Strong Model of Advanced Practice Nursing* (Mick and Ackerman, 2000) and the ICN APN Competencies (ICN, 2008). The document is accessible in the Research Section of the NP/APN Network Website at <https://international.aanp.org/Content/docs/MappingOfAdvPracNursingCompetencies.pdf>

Finally, the Research Subgroup would also like to welcome its new members: Dr. Caryn Andrews, a Family NP from Israel; Dr. Catarina Garcia, a Rehabilitation CNS from Portugal; Dr. Misuzu Nakamura, a Critical Care APN from Japan; Dr. Miriam Sebego, an Adult CNS from Botswana; and Dr. Wentao Zhou, an Acute Care APN from Singapore. The Subgroup Co-chairs and current members are excited about the new members' ideas, vision, and energy, and are looking forward to working with them in initiating new projects to support and promote NP/APN research around the world.

### **Education sub-Group update: May 2019**

The education subgroup is currently finalising a paper titled ***A Survey of Clinical Education of Advanced Practice Nurses: A Global Perspective*** with NP/APN clinical education profiles of ten different countries that the previous Chair, Michelle Beauchesne, led.

The Education sub-group will continue to build on previous information and to add further country profiles. We are also looking to create a network of NP/APN faculty globally in the near future.

### **Communication Subgroup – Social Media update: May 2019**

Those of you who are Facebook and Twitter users will have noticed that the NP/APNN has been present on social media for the past 18 months. The Communication sub-group is working hard covering international advanced nursing, NP and health news, uploading posts of interest several times a week. We collate information across the globe and keep you informed about the NP/APNN sub-groups different activities. This is now well established and we hope that social media users find the platform informative.

In order to spread news efficiently it is crucial that all of our community is engaged. We would love to hear from you and for you to send us information about the different activities and events that are happening in your area. The Communication sub-group has moderators who are online and ready to reply. In the next year we will be working on other social platforms to allow increased engagement: watch this space.

### **Fundraising Subgroup – update: May 2019**

Building on the huge success of the Silent Auction in Rotterdam, the Fundraising Sub-Group would like to remind all members that the next Silent Auction will take place next year at our conference in Halifax, Canada. All the profits from the Silent Auction will be used for future grants to support NP/APN members from developing countries to attend our conference. Thank you all for your support: we are looking forward seeing you at next Silent Auction in Canada in 2020.

## **Student Sub Group - Launched April 2019:**

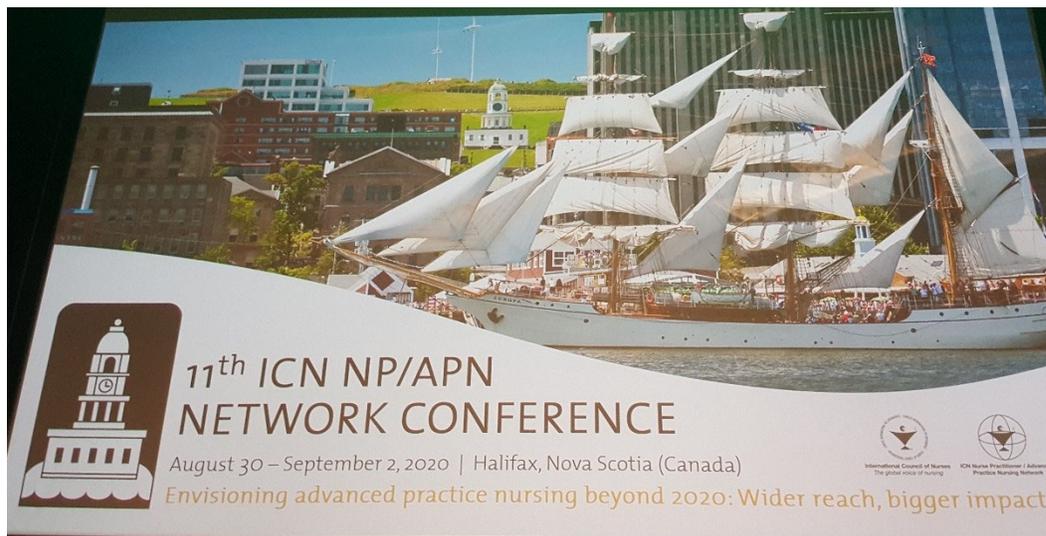
The new Student Sub group provides nurse practitioner and advanced practice nursing students with opportunities to connect with each other and share information, knowledge, and expertise. We currently have members from the UK, Sri Lanka, Netherlands and USA. There are currently eight vacancies, so please do disseminate to any student contacts you may have.

Interested students should send a letter of interest and curriculum vitae to:

Dr. Noriyo Colley at: [noriyo@med.hokudai.ac.jp](mailto:noriyo@med.hokudai.ac.jp)

Dr. Andrea Renwanz Boyle at: [aboyle@sfsu.edu](mailto:aboyle@sfsu.edu)

## **Onward to 2020 in Halifax, Canada!**



## **To Our Members....**

**We would like to hear from you.**

What do you want to see in our bulletins?

What are you doing in your roles?

How can we better engage with you?

Please email: [mlb.networkicn@gmail.com](mailto:mlb.networkicn@gmail.com) with your thoughts and ideas.

**Keep in touch:**

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