



# NP / APN NETWORK

## BULLETIN

International Council of Nurses • Conseil international des infirmières • Consejo internacional de enfermeras  
3, place Jean-Marteau • CH-1201 Geneva

Issue 26

January 2017

**Editor: Laura Jurasek**

**Core Steering Group Liaison: Andrea Renwanz Boyle, PhD**

**Up-date from the Chair: Melanie Rogers**

I was delighted to welcome so many Network members to our recent ICN International Nurse Practitioner/Advanced Practice Nursing (ICN NP/APN) Network Conference in Hong Kong. It was a wonderful conference with over 900 delegates from 26 countries. The conference inspired me and left me excited about the ideas that many members have suggested for the network over the next few years. We will let you know about these via the web pages and bulletin.

As you receive the bulletin you are a member of the network but the database we currently have is out of date so I am asking whether you are able to let your colleagues know about the network and invite them to re-join if they have not been receiving the bulletin or join if they are new to the network.

Membership can be applied for at:

Network Page: <https://international.aanp.org/>  
under Membership or direct at:  
<http://www.icn.ch/form/11.html>

Also we now have social media accounts so please do also link with us via social media on facebook and twitter:

Facebook: ICN Nurse Practitioner/Advanced Practice Nurse Network

Twitter: @ICNGLOBALAPN

If you are interested in joining any of the Sub Groups do contact any of the Sub Group Chairs via their email address which can be found on the Network web pages. They can tell you more about what their groups are doing and how you can get involved. Applications are currently open for the Research, Communications, Practice, Health Policy and Fundraising Groups. All you need to do is send an expression of interest letter and a CV to the Sub Group Chairs.

Finally, I am so looking forward to working together to develop the Network so please do recommend the Network to all of your NP/APN colleagues. Please contact me directly at: M.Rogers@hud.ac.uk if you have any ideas or thoughts about the ongoing vision of the Network.

I hope to see many of you this year at the ICN Congress in Barcelona or in 2018 at our next Network conference in Rotterdam.

Very best wishes,

Dr Melanie Rogers  
Chair  
ICN NP/APN Network

### Table of contents

<b>Update from the Chair</b>	<b>1</b>
<b>Hong Kong Conference Summary</b>	<b>2</b>
<b>Spotlight on an advanced practice nurse</b>	<b>3</b>
<b>Host the 10<sup>th</sup> ICN NP/APN Network Conference 2020</b>	<b>5</b>

## **Hong Kong Conference Summary**

The 9<sup>th</sup> ICN INP/APNN was successfully hosted in Hong Kong from 9 to 11 September, 2016, hosted by the Hong Kong Academy of Nursing, and co-hosted by the College of Nursing and the WHO Collaborating Centre for Community Health Services at the Hong Kong Polytechnic University. Over 900 delegates coming from 26 countries/regions participated in this conference. The internationality of this conference was not only reflected by the mix of participants but also the representation of the speakers. The keynote speeches were renowned speakers from Australia, Professor Glenn Gardner, Ms Frances Day-Stirk from the UK and ICM, Dr Ann Hamric from the US and Professor Sophia Chan from Hong Kong. There were a total of 8 symposiums, 132 oral presentations and 168 poster presentations shared around the conference theme 'Advancing health, advancing nursing: emerging possibilities'. There were also panel discussion contributed by delegates from China, France, Ireland, Japan, Norway, Singapore, and South Africa sharing the issues and development in their respective countries in relation to Education and Regulation, the service and impact of advanced nursing practice.

We worked hard and played hard, with a fun night gala dinner hosted at the site where the old airport used to be with lovely night scenes of Hong Kong. The China night also brought a lot of memories for delegates with photos taken in the Chinese costume, names translated into the Chinese language, gifts such as oriental fans to bring home. The conference was the 9<sup>th</sup> one for INP/APNN and the opening day was 9/9. Nine means longevity and prosperity in Chinese. Nursing as a global family share many infinite nines, the prosperity and fruits of nursing we yield for the health of people around the world!



**\*Scenes from the Hong Kong Conference 2016\***

## SPOTLIGHT ON AN ADVANCED PRACTICE NURSE

### Langdon, AB: A day in the life of a Primary Care Nurse Practitioner

Langdon Medical Clinic (LMC) is a family practice built on the concept of the medical home; team-based health care intended to provide comprehensive and continuous medical care to families with the goal of obtaining maximized health outcomes (1). LMC is located in its namesake town, Langdon, east of Calgary. It is a young community with a population of almost 5000; 30.4% of whom are children aged 15 years and under (2). Hence, LMC has made child and teen health care a very important part of their practice, believing that when children and teens receive the best care early, they grow into healthy adults.

Lynette Wohlgemuth, a Nurse Practitioner (NP) specializing in Paediatric Primary Care, joined the LMC provider team of Family Physicians in May 2015, bringing her 18 years of experience as a critical care Paediatric Registered Nurse in the Intensive Care Unit of Alberta Children's Hospital to the rural community. As a NP, Lynette provides comprehensive care for children including assessment, diagnosis, prescribing medicine, follow--up, and referral, addressing growth and development or urgent care issues; all under a collaborative, team--based model of care with the Physician group.

Though many families had never heard of a NP before, word of Lynette's expertise and LMC's emphasis on collaborative care for families spread. "When I saw LMC was bringing in a NP I just knew it was going to be a definite asset to the Practice and I have not been wrong", says Kristen Wilson, a client and mother. "I admire and respect their (NPs') frame of practice...looking at all aspects of care including the family and how care affects and relates to everyone. NPs are true leaders in holistic care; not just looking at the disease but at how it affects the person and their family."

Kristen describes her experience in working with LMC and Lynette:

"My little girl was seen numerous times for a breathing problem she was having since birth. We were always told, 'She will outgrow it,' and, 'Nothing to worry about.' At just over a year of age I took her in for a cold that she was struggling with. Lynette took one look at her and understood the severity of her breathing. A diagnosis of laryngomalacia was made and a referral made to an ENT (Ears, Nose, Throat) Specialist. At this appointment Lynette took her time thoroughly assessing her, from a detailed birth history to her current situation. She looked at her growth and eating patterns, which consisted of a lot of choking and vomiting. She put all the pieces of the puzzle together and a care plan was made to ensure she was treated for her current cold,



followed up and given very detailed signs to watch for to seek further medical attention. Lynette knew I was a former RN but never once did she assume I knew because I was a Nurse. What made that visit so important was she both empathized and reassured me, and made me feel like a great mom. Her simple words, 'How are you coping with her illness,' was enlightening and provided emotional support and encouragement. My daughter had surgery in December of 2015. It was a very risky surgery and time was to be spent in the PICU for recovery. Lynette took time out of her very busy schedule to call the PICU on the day of her surgery to see how we were doing and to send warm wishes to let us know she was thinking of us. This was a genuine gesture on Lynette's part that showcased her care and dedication to us." (3)

Client and mother, Jennifer Sonnenberg states,

"My son has some health challenges and Lynette has helped keep me calm and stay on top of his health. Her willingness for contact outside of normal medical clinic hours and ease to reach her has been nothing short of phenomenal in today's society. She will even follow up after a visit to ensure the problem has corrected itself or gotten better." (4)

LMC is better able to provide care for children experiencing challenges with learning and behavior, such as Attention Deficit Hyperactivity Disorder, Autism, or Anxiety Disorders. Lynette's approach emphasizes the need for collaboration with the Physicians, children, their families, and with their schools.

"As a member of our school's Learning Support team, I am most fortunate to have had the opportunity to work with Lynette. Working with a number of our students as a Nurse Practitioner, Lynette's medical knowledge and professionalism have supported our school's collective efforts to address student needs. Whether her intervention has addressed physical, mental health and/or academic concerns, Lynette's involvement has been an important piece of our united efforts to best support our students. Lynette's medical background, combined with her approachable demeanour and receptive manner, has contributed to families receiving direct, timely and supportive intervention. Her work as a Nurse Practitioner is thus an invaluable component of our collaborative efforts in supporting our students and community as a whole." says Leigh-Anne O'Brien, Learning Support Teacher, Rockyview Schools. (5)

As a representative of LMC, Lynette has partnered with the AHS Sexual and Reproductive Health Education Team in teaching Career and Life Management (CALM) classes at various schools in Rockyview and Wheatland counties. The opportunity to meet teens in the comfort of their own classrooms, ask questions, and know that LMC is a safe, confidential place with an open door policy to receive care has resulted in improved access for these young adults. LMC's medical home concept allows for Lynette to utilize her advanced practice education in women's health to participate in team-based comprehensive care for women. "There is something very different about Lynette; it's the way she listens. She hears you. It's how she makes you feel. She has time for you and wants to help. Her knowledge on women's health is exceptional and I believe my story is just one of the many stories in which she has thrown a life ring into," describes client Dawn Johnson. (6)

Langdon Medical Clinic is an example of collaborative practice between Physicians and a NP that provides expert care for their families in all ages and stages of life. "Having a NP with (Lynette's) experience, dedication, curiosity and passion makes all the difference, firstly to our

clients and secondly to me,” explains Dr. Alexander Lukubisa, a LMC Physician. “(Her) support and contribution at the clinic has been crucial to our growth and success. Our paediatric population has a passionate advocate who will help them navigate the current health care system and also provide them medical support so that they can be their best at school and in life.”(7)

## References

1. Langdon Medical Clinic Website, [www.langdonmedical.com](http://www.langdonmedical.com), 2016
2. aodbt architecture + interior design, Recreation Facility Feasibility Study, Langdon, Alberta, September 25, 2014
3. Kristen Wilson, LMC NP Utilization Survey, email communication, August 30, 2016
4. Jennifer Sonnenberg, LMC NP Utilization Survey, email communication, September 1, 2016
5. Leigh-Anne O’Brien, Learning Support Teacher, Langdon School, Rocky View School Division, LMC NP Utilization Survey, email communication, September 14, 2016
6. Dawn Johnson, LMC NP Utilization Survey, email communication, September 15, 2016
7. Dr. Alexander Lukubisa, Family Physician, Langdon Medical Clinic, LMC NP Utilization Survey, email communication, September 21, 2016

## Host the 10th ICN NP/APN Network Conference 2020 - now open for bid documents.

The ICN Nurse Practitioner/Advanced Practice Nurse (NP/APN) Network holds a conference every second year to provide a forum for sharing and exchange of knowledge, expertise and experience with respect to nurse practitioner/advanced practice nursing.

The Network is now in the process of planning the 2020 conference and is seeking electronic bids for a host country. By presenting a bid to host the 2020 conference, you will be bidding for an opportunity to showcase your organisation and your country.

**This event brings the global network of advanced practice nurses and nurse practitioners together to discuss relevant topical issues.**

The following are the requirements, which need to be clearly referred to in the bid document:

No.	Requirement
1.	ICN-NNA or support from NNA
2.	Demonstrate implications for hosting the event for NPs/APNs in the region.
3.	Demonstrate previous experience in hosting international conferences.
4.	Access to the country <ul style="list-style-type: none"> <li>• International airline connections</li> <li>• Connections from all continents</li> <li>• Location of venue close to major airport</li> </ul>

5.	Visa and other requirements <ul style="list-style-type: none"> <li>• Any visa restrictions</li> <li>• Health restrictions</li> </ul>
6.	Safety and access of host city. <ul style="list-style-type: none"> <li>• Crime (pickpockets)</li> <li>• Health issues (safety of water)</li> <li>• Internet access</li> <li>• Power interruptions</li> </ul>
7.	Banking facilities <ul style="list-style-type: none"> <li>• Country currency</li> <li>• Moving money in and out of the country</li> <li>• Establishing lines of credit</li> <li>• Degree of acceptance of credit cards</li> </ul>
8.	Venue chosen <ul style="list-style-type: none"> <li>• Need to identify the plenary holds up to 600-800 delegates</li> <li>• Can accommodate 6 rooms for break-out sessions</li> <li>• Space for the CSG meetings</li> <li>• Lunch can be catered for</li> <li>• Elevators</li> <li>• Signage</li> <li>• Bathrooms</li> <li>• Disability access</li> <li>• Organisations that have used the venue before</li> </ul>
9.	Support from authorities <ul style="list-style-type: none"> <li>• Ministries of Health</li> <li>• Tourism</li> <li>• Other relevant i.e. local related associations and universities</li> </ul>
10.	Accommodation availability <ul style="list-style-type: none"> <li>• 2 – 5 star availability</li> <li>• Ability to speak English</li> <li>• Smoking and non-smoking</li> <li>• Disability access</li> </ul>
11.	Transportation <ul style="list-style-type: none"> <li>• Types available</li> <li>• Costs</li> <li>• Disability access</li> <li>• Distance between key venues and movement between them</li> </ul>
12.	Restaurants <ul style="list-style-type: none"> <li>• Range</li> <li>• Number</li> <li>• Costs</li> <li>• Sales tax</li> </ul>

<b>13.</b>	Experience in hosting other conferences
<b>14.</b>	Places of interest (sight-seeing opportunities)
<b>15.</b>	Propose timing (Aug/Sept/Oct). If not in these months, please provide reason.

**Note:** Preference will be given to bids from ICN National Nurses Association members or bids that show evidence of support from the ICN National Nurses Association.

The deadline for submission of bids is **15<sup>th</sup> May 2017.**

Please email your complete bid document to:  
[Daniela.lehwaldt@dcu.ie](mailto:Daniela.lehwaldt@dcu.ie) (CSG Secretary) and [m.rogers@hud.ac.uk](mailto:m.rogers@hud.ac.uk) (CSG Chair)

**We are looking forward to your application!**

The **International Council of Nurses (ICN)** is a federation of more than 130 national nurses associations representing the millions of nurses worldwide. Operated by nurses and leading nursing internationally, ICN works to ensure quality nursing care for all and sound health policies globally.

All rights, including translation into other languages, reserved. No part of this publication may be reproduced in print, by photostatic means or in any other manner, or stored in a retrieval system, or transmitted in any form, or sold without the express written permission of the International Council of Nurses. Short excerpts (under 300 words) may be reproduced without authorisation, on condition that the source is indicated.