



NP / APN NETWORK BULLETIN

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Editor: Laura Jurasek NP MN

Up-date from the Chair: Melanie Rogers



Welcome to our April Bulletin. We continue to keep very busy as a Network and have been involved in some interesting and challenging projects, one of which is reviewing the ICN Advanced Practice Nurse and Nurse Practitioner definition. We plan to

report on this project in Rotterdam as well as in the next bulletin.

We are continuing to develop a new Sub-Group for students and plan to launch this shortly. If you are a student, or know one, who is interested in joining this group, do contact me for further details. We will formally launch the Student Sub-Group at our conference in Rotterdam. In terms of our other Sub-Groups I am delighted to report that our social media presence is continuing to grow under the direction of the Communications Sub-Group. This has replaced the old forum we had on the website so please do join the discussions and debates. Our other Sub-Groups continue to work on various activities related to practice, policy, education and research. If you would like to join any of our Sub-Groups, please see our website for details and contact the chairs to see if there are any vacancies.

I have had a number of opportunities to visit other countries over the past six months to support development of advanced practice. In December, I went to Norway and Finland for a week to present details about the Network and advanced practice developments internationally. I also heard first hand some of the challenges for each country as they develop these roles. Fundamentally, those working in these roles talked of the benefit to patients as well as the personal and professional challenge which has made their work so worthwhile. If you are working in a country who is developing advanced practice roles and you feel you would benefit from Network support do get in touch.

In other news I have recently edited and published a book with colleagues on Spiritually Competent Practice which has a chapter about how, as advanced nurses and nurse practitioners, we can help our patients to find hope, meaning and purpose in the midst of illness and challenges. I would be interested in hearing from any colleagues who are also interested in this area. You can locate the book at: Wattis, J., Curran, S. and Rogers, M. 2017 [*Spiritually Competent Practice in Health Care*](#). London, UK: CRC Press Taylor and Francis Group.

I continue to be committed to us working together to develop our Network. Please do contact me

directly at: M.Rogers@hud.ac.uk if you have any ideas or thoughts about the ongoing vision of the Network.

I hope to see many of you in August at our next Network conference in Rotterdam. Until then do

keep in touch with us via our social media accounts on Facebook and Twitter:

Facebook: ICN Nurse Practitioner/Advanced Practice Nurse Network

Twitter: @ICNGLOBALAPN

Very best wishes,

Dr Melanie Rogers Chair

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Sub group member biography correction:

Please note corrected biography information.

Dr Minna Miller (Canada/Finland) is the co-chair of the Health Policy Subgroup.

Minna is a Nurse Practitioner at the Children's Hospital in Vancouver and the Collaborative Practice Leader for NPs at the Provincial Health Services Authority. She has a faculty appointment at the University of British Columbia. She has served on the Ministry of Health expert panel for NP privileging, and as co-chair of the NP Standards committee at the College of Registered Nurses of BC in advancing the NP role and scope of practice.

International Report

A Doctorate of Nursing Practice (DNP) optional elective leadership trip – USA/Sub-Saharan Africa-Bongi Sibanda: MSc-ANP RN INP FHEA DNP(c)

The Doctor of Nursing Practice degree is well established in the USA with more than 250 programs across the nation (AACN 2014). The success of DNP graduates in transforming health care depends significantly on their leadership ability to be innovative, strategic thinkers; collaborating with other professionals and engaging stakeholders meaningfully. Whilst the work and success of DNP students and graduates is well known in the US, to my knowledge, Queen's University Belfast (QUB 2014) is the only institution in the United Kingdom providing a DNP degree aligned to the eight DNP essentials for *Doctoral Education for Advanced Practice* (AACN 2006). The major difference being the culmination of the DNP with a 40 000 word thesis after successful completion of eight modules in comparison to quality improvement DNP projects mostly found in US programs.

I am currently a 5th year DNP candidate at Queen's University Belfast, an Emergency Nurse Practitioner and an Advanced Nurse Practitioner in Primary Care. Additionally, I am an educator and a Fellow of the Higher Education Academy, with previous roles in academia including lecturing posts. My DNP focus is on Educational Leadership in Advanced Nursing Practice. My current clinical roles include provision of direct clinical services to patients; clinical educators' development and supporting advanced clinical practitioner trainees. In September 2017, I undertook an invaluable educational journey to the USA and Africa as part of my optional elective study visit abroad and voluntary work in Sub-Saharan Africa. With a strong interest in policy, it is no surprise that the journey started with a visit to the White House, providing a great learning opportunity and in-depth understanding of US legislation.

The second week was spent in Boston, Massachusetts with a two-day DNP orientation at Northeastern University where I was hosted by Associate Professor Michelle Beauchesne - DNP program director. I met amazing senior nurses from diverse specialties and leadership background embarking on the DNP journey and we had a great networking session with alumni and DNP advisors at the end of the 2-day orientation. It had also been a pleasant surprise to learn that Prof. Beauchesne was involved in the development of the DNP program at Queen's University Belfast! I had the opportunity to meet the Dean of the School and had the privilege of a private discussion on primary care Nurse Practitioner education and practice with Dr Janet Rico, Assistant Dean-School of Nursing Graduate Programs at Northeastern University. At the end of the last day, I had the pleasure of joining the board meeting, gaining a deeper understanding of APN/NP regulation, accreditation of programs and leadership in academia from a US perspective. And we had fun too at the end of two packed days... a Boston trip with my newly-found DNP peer Suzanne Frances!



Bongi with Dean & Prof. Susan Parish and Dr Michelle Beauchesne at Northeastern University



Bongi with Professor & Dean Emerita Carolyn Williams and Dr Kathy Wheeler at the University of Kentucky.

Then it was time to visit the home to the first DNP program, the University of Kentucky, where I was hosted by Dr Kathy Wheeler, Assistant Professor and DNP Primary Care Track Coordinator and spent time time discussing and learning so much on policy from the expert. I am grateful for all the wisdom Dr Wheeler willingly shared. There were busy, but interesting, days including touring primary care facilities in Kentucky, visiting the Level 1 Trauma Center at UKHealthcare and faculty meetings. It was the collaboration and partnership working between University of Kentucky and UKHealthcare that sparked my interest mostly, in par-

ticular in relation to their DNP training arrangements. Something I certainly would love to see happening in Zimbabwe one day!

The US trip rightfully ended in New Orleans at the 10th National Doctors of Nursing Practice Conference where I met DNP graduates, educators and leaders doing incredible work in the USA and beyond. I shared our UK/Zimbabwe advanced nursing practice structures with colleagues and there was excitement around learning of a DNP program outside USA too!

Finally, it was time to gather all the information learned and add it to our long-planned workshop in Interprofessional Education (IPE) in Emergency and Primary Care – Zimbabwe; a project I organised, planned and executed with my friend and colleague, Thembi Nkala (Clinical nurse specialist in Cardiology/Global Health & Senior Healthcare Manager). We finalized the workshop plans in collaboration with our Zimbabwean based colleagues and we were off to the African continent. Our initial stop was in South Africa to purchase resuscitation training equipment including manikins then we were off to Namibia for the 1st AfrIPEN (Africa Interprofessional Education Network) Symposium at the University of Namibia. We had a fantastic time learning about the work being done by academics and providers to establish interprofessional education and collaborative practice in training health workforce in Sub-Saharan Africa. Internationally leading experts in IPE, including Dr Jill Thistlethwaite (Australia), Professor John Gilbert (University of British Columbia) and Dr Stefanus Snyman, AfrIPEN chairperson, facilitated the workshops and symposium, sharing their invaluable knowledge on IPE and collaborative practice. A symposium that led to the first ever two-day IPE workshop in Bulawayo, Zimbabwe, facilitated with colleagues Dr Cherifa Sururu and Thembi Nkala at the end of September 2017.



Bongzi Sibanda & Thembi Nkala after successfully launching the first IPE and Collaborative practice workshop in Bulawayo, Zimbabwe

It was indeed the busiest month of my career, but undoubtedly the most fruitful that benefited the communities I serve and enhanced my development as a global leader in the DNP journey.

Grateful to all those who made this possible, in particular:

Dr Madrean Schober – President, Schober Global Healthcare Consulting
Dr Michelle Beauchesne- Associate Professor - DNP program director (Northeastern University)
Dr Kathy Wheeler - Assistant Professor and DNP Primary Care Track Co-ordinator (University of Kentucky)
Thembi Nkala- Senior Healthcare Manager/ CNS Cardiology/Global Health)
Dr Cherifa Sururu – GP/Family Medicine Practitioner, Bulawayo, Zimbabwe
Ken Spearpoint - Principal Lecturer (University of Hertfordshire) for Resuscitation training support & guidance

Author: Bongji Sibanda MSc-ANP,RN, FHEA is a DNP candidate at Queen's University Belfast.

DNP Supervisors: Dr Jennifer McGaughey & Dr Kevin Gormley

References

American Association of Colleges of Nursing (2006) *The essentials of doctoral education for advanced nursing practice.* ,Washington DC.

American Association of Colleges of Nursing (2014) DNP talking points At:
<http://www.aacnursing.org/Portals/42/DNP/DNP-Talking-Points.pdf> (Accessed 23 November 2017)

Queen's University Belfast (2014) *DNP/DMP Programme specification.* At:
<https://www.qub.ac.uk/directorates/media/Media,485167,en.pdf> (Accessed 23 November 2017)



Bridging the gap

Advanced Nurse Practitioners: Main characters in futuristic healthcare by collaborative leadership

This international gathering of thousands of nurse practitioners and advanced practice nurses will explore nurses' leading role in the transformation of care, with a particular focus on universal health coverage, the Sustainable Development Goals and human resources for health.

Aging of the population, the increasing prevalence of chronic diseases, climate change and the desire of patients to have a stronger voice in decisions about health, care, and services have an impact on the demand of care worldwide. The political and social debate invariably presents ageing and chronically ill as a problem with major implications for the affordability of healthcare. This is due to our current ideas about ageing, illness, and health, i.e. "ageing and chronically illness mean diseases and diseases need to be treated and increase self-management and empowerment. But there are other questions that also need to take responsibility such as risk management in acute care and mental health.

(Advanced) nurse practitioners, and clinical nurse leaders, with their broad scope in cure and care, are challenged to play an important role within this transition. This integrated way of providing healthcare also means that co-creation is needed, i.e. collaboration between the healthcare professional and the patient, between the healthcare professional and the family and informal

by a doctor." But is that the right paradigm? There is a need for a paradigm shift from a medical model to a bio psychosocial model in healthcare with shared decision making as opposed to paternalistic and informed decision-making. The chronically ill and elderly need help to stay independently, to stimulate their wellness and to participate in society. That is why prevention and health promotion are so important to stimulate people to take responsibility for their health

networks around the patient, between healthcare professionals with various backgrounds, and between institutes. However, transformative leadership and inter-professional collaboration are necessary to influence the (political) agenda and to empower patients and colleague-nurses. The leadership skills from advanced nurses are necessary to take responsibility in this changing healthcare landscape. But a main condition is a clear definition of Advanced Nursing Practice, legal registration and credentialing to offer safe and responsible care and cure.

For more information:

www.npapn2018.com

The main goal of this conference is to make together the next step in developing advanced nursing worldwide for better and safer healthcare